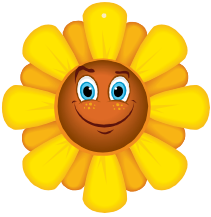




# **Wakefield & District Down's Syndrome Support Group** **Newsletter: January 2011**

## **Saturday Club**



Saturday Club is back on track and will be on Saturday 5 February from 10-12 at Sunbeams as usual. Looking forward to seeing you all!

## **New social group for older children with DS and siblings!**

We have been looking at activities for older children within the group and are going to try out organising an activity every month, for secondary aged children with DS, and secondary aged siblings. The young people must have someone to supervise them and provide transport.

Our first activity is on **Friday 18<sup>th</sup> March** and will be bowling at Xscape then onto Frankie & Benny's (optional). Call to book a place by Friday 4 March:

Sue Hodgson - 07876 070983

Ann Aylward - 07836 342002

Alicia Tulley - 07889 335196

## **Celebration Corner!**



Thomas Raddings (age 12) took part in the Special Olympics North of England Swimming Gala as part of the Able2 Pontefract Team on Saturday 13 November 2010.

The Able 2 team of three swimmers won an exceptional 9 medals out of the 9 events

they entered; with Thomas winning Gold for 25m Breast-stroke, Gold for 25m Freestyle and Silver as part of the relay team.

What a superstar!! Well done Thomas and all your team-mates!!

If you have any news to share, contact Andrea on 07814 367594 or [andrea@bignews.co.uk](mailto:andrea@bignews.co.uk)

See our website: [www.downsyndrome-wakefield.co.uk](http://www.downsyndrome-wakefield.co.uk)

## **Fantastic Family Fun Day!!!**

Ann-Marie Sheard and some enthusiastic helpers are organising a fantastic family fun day event to celebrate World Down's Syndrome Day in March.

Come along to the event, and bring friends and family – everyone is welcome!!



Here's the date for your diaries:

**Sunday 20<sup>th</sup> March at Nostell Priory**

There will be so much to do - including a dog agility show, dancing, multi sports, a hog roast, face painting, Jo Jingles, signed stories and songs, cakes, arts and crafts and loads more!!! More details to follow in the next newsletter...



## **Support with feeding**

These guidelines have recently been sent out to me via the DSA and may have some helpful information for parents struggling with early feeding issues: Guidelines for Parents - Support Feeding & Oral Development in young children with Down's syndrome. Click on this link:

<http://bit.ly/gdoiBV>

As always, if you don't have internet access, contact me using the details below and I'll sort out a printed copy for you.